



*New Paradigm in Holistic Health*



Conference

**New Paradigm in Holistic  
Medicine & Wellbeing**

Wednesday, July 12<sup>th</sup> 2017

Bagni di Lucca, Italy

Ann Boone, founder Relief from Pain Charity

*New Paradigm in Holistic Health*



## Ann Boone, Healer

NHS accredited Spiritual Healer  
Aura Energy Tuning Expert  
Chakra Balancing Specialist  
BioEnergy and Pranic Healing Professional  
Intuitive Mentor and Visionary  
Accredited Hypnotherapist  
Past Life Regression and Future Live  
Progression Therapist  
Family Constellations Energy Healer  
THE Transformation Technique Practitioner

## Ann Boone, Founder



# RELIEF FROM PAIN

We fund and carry out research:

1. the improvement of various methods of Healing as a complementary therapy for the patient and
2. the publication of the results
3. using advanced methods and technology to confirm proof of clinical efficacy of Healing as a complementary therapy.

# Start with the end in mind

What is the end?

## 2020 Vision

- 1 HEALER IN EVERY NHS HOSPITAL**
- 2 MEDICAL RESEARCH PROJECTS IN THE UK**
- 3 THERAPY CENTRES FOUNDED IN THE UK**
- 4 INTERNATIONAL HEALING RETREAT LOCATIONS**
- 5 LOCAL PAIN RELIEVERS GROUPS PROVIDING HEALING**



RELIEF FROM PAIN

Start with the end in mind

**Is this really the end we want?**

# Healing - Self Healing

- A taste of our own energy: grounding
- Well being
- Use self healing energy: Physical, Emotional  
Mental, Spiritual, Conscious.
- Focus, dissolve into energy/cells, merge with  
Oneness, manage the colours from streams  
into blops and blops into stream untill we  
have energy, we are one.

# Fundraising:

- to develop software-application,
- to prepare clinical document (*out sourced*)
- to implement in hospital(s)
- to be able to pay highly experienced healers
- to measure, analyse and publish results of consecutive healing treatments.

**To proving the efficacy of healing in terms of patients benefits**

**To establish credibility for healers and a breakthrough that revolutionizes and improve the medical world.**

**With an ultimate goal to welcome healing in (the Western) regular medical world.**

In more practical terms:

- Healers in every NHS hospital in UK/worldwide
- Healers in every GP practice
- Healing and Philosophy retreats



# Who am I (not) in this process?

- IT technician?
- Doctor?
- Medical team?
- Holistic team?
- What is the difference? Ubiquitousness?

# Who am I?

- Who are you and why are you here?
- Social glue between colliding worlds
- Worlds collide...

# What is the New Paradigm?

- Cost VERSUS sustainability
- Health VERSUS Happiness
- Medicine VERSUS Consciousness
- Responsibility AND Wellbeing?

# How can we help?

- Challenge = opportunity?

The patient	The hospital /Government to reduce escalating costs
To have faster recovery	Leave hospital sooner
To feel better	Need less medication*
To heal themselves	Less re-hospitalizations
To avoid illness (preventive care)	Less hospitalizations



INROADS IN A NEW PARADIGM

**COOPERATION IS THE NEW COMPETITION**

# The end in Mind or Consciousness?

- Congratulations and Thank You, here is the end of the beginning...

How can YOU help?

How can we help EACH OTHER?

- Exploring collaboration path
- Recommendations in Healthcare?
- Other research we can further

# ROI Exercise

Total NHS bed base  
Source: NHS England data

Year	Period	Total	General and acute	Learning disabilities	Maternity	Mental illness
2010-11	Q4	142,319	108,890	1,974	7,848	23,607
2011-12	Q4	140,454	107,449	1,937	7,948	23,121
2012-13	Q4	138,178	106,374	1,697	7,839	22,268
2013-14	Q4	136,811	105,581	1,671	7,829	21,731
2014-15	Q4	136,946	106,250	1,455	7,868	21,374
2015-16	Q4	131,561	103,422	1,306	7,746	19,086
2016-17	Q4	131,060	103,666	1,190	7,782	18,422

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RELIEF FROM PAIN

[www.relieffrompain.org](http://www.relieffrompain.org)

Relief from Pain is a registered charity in England and Wales (1160789)